



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



September 2022

Field Employees

IMPORTANT TIMECARD NOTICE

**Our offices will be closed on
Labor Day - Monday, September 5th.**

Please remember to submit your time card no later than Friday afternoon. If you are working a weekend shift, please submit no later than 8am Monday morning.

If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for your absence.



Since Poets have told of sunset,

What is left for me to tell?

*I can only say that I saw the day
Press crimson lips to the horizon
gray,*

And kiss the earth farewell.

—Effie Lee Newsome (1885–1979)





Who Do You Know?!

REFERRAL BONUS!!

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If you know other great people
... just like you ...
who are seeking new career
opportunities, please refer them to us!
We have a

REFERRAL BONUS

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program for the months of September
and October!

Call our office for more details!

Augusta Area:

Office/Accounting Clerk– Augusta
Admin Coordinator with IT & Accounting
Experience- Augusta
Legal Secretary- Augusta
Insurance Claims Assistant - Augusta
Payroll Clerk- Lewiston/Auburn
Credit Director - Augusta
Central Scheduler - Augusta
Dispatcher - Belfast Area
Accountant/Bookkeeper - Lewiston/Auburn
Front Desk Administrator - Lewiston/Auburn
Packer/Inspector - Wilton
Commercial Tire Tech - Waterville
Forklift Operator - Wilton
Manufacturing Tech - Wilton

Bangor Area:

General Manager - greater Ellsworth
Carpenter - Bangor
IT Tech - Augusta

Five ways to stay connected while chilling!

After spending the last two
summers staying home, many
people are taking advantage of
these months to get outdoors as
much as they possibly can before
winter hits!

If you are doing this, but don't
want to go missing in action with
your network, here are some easy
ways to stay connected:

1. Follow people, companies, or
groups on Twitter, Instagram,
LinkedIn, and other relevant sites.
2. Engage more with your online
network! Tap the 'like' button
rather than just scrolling through.
3. Comment on posts. Most people
don't. The writer will see your
name, as well all the others
viewing the post. It's an easy way
to stay on their radar when you are
at the cottage or cabin or in your
back yard.
4. Say congrats and write a
message when someone gets a
new job or a promotion -- even
when it's a LinkedIn algorithm
that sends those notifications!
5. Take the time to post articles
(someone else has written) on
LinkedIn that your network might
find interesting.

And, all of this can be done while
relaxing in a favorite spot!

Credit: SHEPA LEARNING
COMPANY WEEKLY
POSITIVE NETWORKING®

Optometric Tech - Bangor
Property Maintenance - Bangor
Administrative Clerk - Orrington
Janitorial Tech - Bangor
Restoration Cleaner - Bangor
Accounting Clerk/Admin Asst - Bangor
Admin/Customer Support-Insurance - Bangor
Receptionist - Holden
HR Specialist - Belfast
Community Food and CACFP Coordinator -
Belfast
Production Associate - Trenton

These positions and more can be
found on
CapitalAreaStaffing.com or
BangorAreaStaffing.com



Raspberry Crumble Bars

Raspberry Filling

- Two 12-ounce bags of frozen raspberries (see notes)
- 1/2 cup granulated sugar (more depending on tartness of your berries)
- 2 tablespoons flour
- 1 tablespoon cornstarch
- juice of one lemon

Crumble Layer

- 3 cups rolled oats
- 3 cups flour
- 2 cups brown sugar (loosely packed)
- 1 teaspoon baking powder
- 1 1/2 cups melted butter (I prefer salted)
- 1/2 teaspoon salt

INSTRUCTIONS

TIP



September Dates & Fun Facts

September 5th is Labor Day

September 11th is Patriot Day, held in honor and remembrance of those who died in the September 11 attacks of 2001.

September 11th is also Grandparents Day this year. Honor your grandparents today—and every day!

September 22nd marks the start of fall! This year's Autumnal Equinox occurs at 9:04 P.M. EDT on Thursday, September 22. On this date, there are approximately equal hours of daylight and darkness.

September 25th is the start of Rosh Hashanah, a Jewish holiday that marks the beginning of the new year.

Folklore for the Season

Heavy September rains bring drought.

September dries up ditches or breaks down bridges.

September blow soft, till the fruit's in the loft.

Married in September's

1. Prep Raspberries: Preheat the oven to 350 degrees. Place raspberries in a large colander. Run warm water over them for a minute, and then let the liquid drain out for about an hour until softened and thoroughly drained (see notes). Mix raspberries with sugar, flour, cornstarch, and lemon juice.
2. Soft Delicious Crust: Mix the oats, flour, sugar, baking powder, butter, and salt together into a crumble-like mixture. Press two thirds of the crumble into the bottom of a 9×13 pan lined with parchment paper. Bake for 10 minutes.
3. Bake: Arrange the raspberry layer on top of the baked bottom layer. Sprinkle with remaining crumble. Bake for another 25-30 minutes.
4. Finish: Remove from oven. They will need a little time to set up into “bar” formation, so chill them for a few hours to get them really solid.

Or..... cut into it right away and eat it like a soft fruit crisp! You should be able to remove them from the pan easily by pulling up on the edges of the parchment paper.

golden glow, smooth and serene your life will go.

If the storms of September clear off warm, the storms of the following winter will be warm.

Fair on September 1st, fair for the month.

September’s full moon, the Harvest Moon, reaches peak illumination on Saturday, September 10, at 5:58 A.M. EDT.



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~The People You Trust~
~The Jobs You Want ~

