



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



October 2022

Field Employees

IMPORTANT TIMECARD NOTICE

Our offices will be closed on
Monday, October 10th.

Please remember to submit your time card no later than Friday afternoon. If you are working a weekend shift, please submit **no later than** 8am Monday morning.

If you have upcoming plans that require time off from work:

Please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be able to prepare for your absence.

"In the garden, Autumn is, indeed the crowning glory of the year, bringing us the fruition of months of thought and care and toil. And at no season, save perhaps in Daffodil time, do we get such superb colour effects as from August to November."
- Rose G. Kingsley, *The Autumn Garden*

October Dates & Fun Facts

- October 4 marks the start of Yom Kippur, at sundown.
- October 9 is Leif Eriksson Day.
- October 10 is a busy day, with three holidays packed into it:
 - **Canadian Thanksgiving.** This holiday shares many similarities with its American equivalent.
 - Columbus Day (U.S.), a federal holiday
 - Indigenous Peoples' Day (U.S.)—a holiday that celebrates the history and cultures of indigenous peoples



Who Do You Know?!?

REFERRAL BONUS!!

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If you know other great people
... just like you ...
who are seeking new career opportunities,
please refer them to us!
We have a

REFERRAL BONUS

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program for the months of September and
October!

Call our office for more details!

Augusta Area:

HR Specialist - Augusta
Accounts Payable Spec. - Winslow
Inspector/Packer - Wilton
Accountant - Augusta
Front Desk/Dental Asst. - Waterville
Payroll Clerk - Lewiston/Auburn
Central Scheduler - Augusta
Dispatcher - Belfast Area
Commercial Tire Tech - Waterville
Forklift Operator - Wilton
Janitor - Augusta
Manufacturing Tech - Wilton
Admin/Acctg. Asst. - Lewiston

Bangor Area:

Admin/Customer Support-Insurance -
Bangor
Carpenter - Bangor
IT Tech - Augusta

native to what is today
the United States.

- October 18 is St. Luke's Little Summer.
- October 24 is United Nations Day, which aims to bring awareness to the work of the United Nations across the world.
- October 31 is Halloween (All Hallows' Eve)!

The October birthstone is the opal,
which symbolizes faithfulness
and confidence.

October's birth flowers are
the cosmos and the calendula or
marigold.

HAPPY HALLOWEEN!



Folklore for the Season

- When deer are in a gray coat in October, expect a hard winter.
- Much rain in October, much wind in December.
- A warm October means a cold February.
- In October dung your field, and your land its wealth shall yield.
- Good October, a good blast, To blow the hog acorn and mast. [tree fruit upon which wild animals feed]

October's full Moon, known as the
Hunter's Moon, arrives on Sunday,
October 9. Like September's Harvest
Moon, the Hunter's Moon is closely
tied to the autumnal equinox.

Property Maintenance - Bangor
Janitorial Tech - Bangor
Senior Accountant - Bangor
Estimator/Building Project Manager -
Hampden
Restoration Cleaner - Bangor
PT Receptionist - Holden
HR Specialist - Belfast
Intake Representative - Belfast
Home Repair Coordinator - Belfast
Dietary Aide - Ellsworth
Accounting/Administrative Clerk -
Orrington

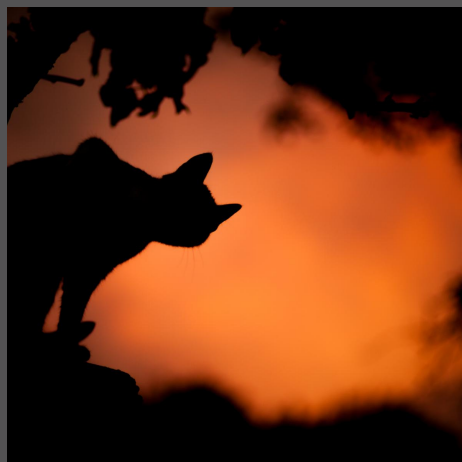
These positions and more can be
found on

CapitalAreaStaffing.com or
BangorAreaStaffing.com



Please join us in Congratulating the
following Field Employees, who were
hired on with our Clients in September!

~ Natalie House
~ Sheila Hansen
~ Jeanne Curtin
~ Richard Waite
~ Ashley Gerard
~ Stephani Bruni
~ David Anderson
~ Aimee Birkbeck
~ Douglas van Norden



Pumpkin Spice Mix Recipe

To create pumpkin spice mix,
combine the following:

- 1/3 cup
ground cinnamon
- 1 tablespoon
ground ginger
- 1 tablespoon ground
nutmeg or mace
- 1-1/2 teaspoons
ground cloves
- 1-1/2 teaspoons
ground allspice

Looking for an easy autumn gift?
Make a gift jar of spice and add a
tag with these instructions: "For
pumpkin pie, add 1 to 1 1/2
teaspoons of spice mix to your
other ingredients."

Tip: Sprinkle a teaspoon of
pumpkin spice mix into your
carved pumpkin before lighting
the candle. Your Jack-O-Lantern
will still look spooky, but smell
delightful!

“May your candy supply last you
well into the Christmas season.”

—Unknown

Capital Area Staffing Solutions
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~The People You Trust~

~The Jobs You Want ~

